

USUHS Third-Year Pediatric Clerkship

Newborn Physical Exam Checklist

Student: _____ Preceptor: _____ Date: _____

Comments:

Place Checkmark in right column if done Leave blank or place an X if not done	
GENERAL	
Washes Hands	
Explains to parent what they are doing	
Notes general appearance of infant	
HEENT	
Inspects scalp/fontanelles/sutures/facial symmetry	
Obtains red reflex with ophthalmoscope	
Inspects mouth/palate	
Inspects ears	
Auscultates for patency of nares	
NECK	
Inspects for range of motion	
Palpates for lymph nodes, masses	
Palpates clavicles	
CV	
Auscultates cardiac sounds in all positions (including axillae and back), assess HR	
Palpates femoral pulses bilaterally	
Assesses capillary refill	
LUNGS/CHEST	
Inspects breathing pattern, determine RR	
Inspects chest for symmetry	
Auscultates posterior and anterior lung fields	
ABDOMEN	
Auscultates for bowel sounds	
Palpates in all 4 quadrants	
Palpates for liver edge	
Palpates for kidneys, spleen, bladder	
Inspects umbilical cord	
BACK	
Inspects and palpates spine	
Inspects for gluteal fold, sacral dimple	
NEUROLOGIC	
Assesses tone	
Elicits primitive reflexes including root, suck, grasp, Moro	
SKIN	
Inspects for congenital birth marks	
Inspects for newborn rashes or jaundice	
GU	
Inspects genitalia and anus	
MUSCULOSKELTAL	
Inspects extremities for deformities	
Assesses range of motion of extremities and joints	
Performs hip exam using Barlow and Ortolani maneuvers	
OVERALL	
Sensitive to infant's position and comfort	
Sequence reflects ability to optimize reliability of exam	
Correct technique?	

Main feedback points for next time:

1. _____
2. _____
3. _____

Instructions for Completing the Newborn Physical Exam Checklist

This form is a tool to be used to evaluate the student as they conduct a complete physical exam on a newborn, presumably in the newborn nursery/post-partum ward. This encounter must be observed in its entirety, and the form filled out by either the attending physician or a senior resident.

This is a solely formative exercise and no grade will be attached. It is, however, *mandatory* that all students have at least one checklist completed during their 6-week clerkship. Please place checkmarks in the boxes for each action the student correctly accomplishes. The blank space to the side of the table is designed for comments. Most importantly, please give the student specific feedback on how to improve their physical exam skills following the completion of the encounter.